

CAT TALES



Summer 2023

Friends of Cats, Inc. | San Diego County, CA | www.friendsofcats.org

2023 in Events

Friends of Cats continues our engagement in the community to facilitate adoptions and increase awareness of our mission. Join us in an upcoming event!

Jan 30 San Diego Cat show - Del Mar

"Misty" celebrated her 23rd birthday at the shelter as one of our sanctuary cats. We knew she was special as an ambassador for the shelter, but we were surprised at her win of 5 ribbons, including 4th place as overall best in show.



Misty with all her ribbons!

Feb 11 Cupids and Canines Adoption event - La Mesa Grossmont Center

Hosted by our friends at the San Diego Animal Support Foundation.

April 22 Kendra Scott Store Give back Event - La Jolla

The store generously gifted us 20% of in store and online purchases that day. Thank you!

May 6 CINCO DE MEOW - at the shelter

Our biggest event at the shelter. Hope you all had a great time!



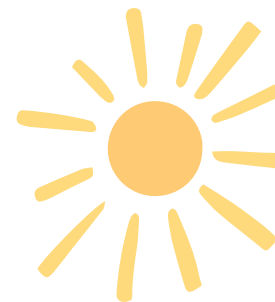
A successful Cinco de Meow!



Lots of shelter fun!



Cora and Terry at the event.



June 04 Kahoots Pet Store - Rancho San Diego

A monthly event to meet up with our friends in Rancho San Diego

June 17 Dog Days of Summer - La Mesa Grossmont Center

Another fun event hosted by San Diego Animal Support Foundation.



June 25 Kahoots Pet Store - Alpine

A monthly event to meet up with our friends in Alpine. We are busy with events and adding more all the time. Hope you can join us in future events. Follow us on Facebook for more details!

July – End of Year

Kahoots: Watch for times and dates on our Facebook page.

Oct 07 & 08 La Jolla Wine Art & Wine Festival

Oct 21 Howl-O-Ween Hounds – La Mesa Grossmont Center

Nov 18 Doggie Street Festival- Liberty Station

Dec 09 Santa Paws – La Mesa Grossmont Center

Dec TBD Whisker Wonderland – at the shelter



A big thank you to the Alpine Kahoots pet store for generously hosting us!

If you would like to volunteer at events or at the shelter call us at:

619-561-0361.

Adoption Story

Quartz and Ox

Here's is what happens when you work at Friends of Cats - You cannot resist the charms of at least a couple of cats! Our staff member Ian first adopted Ox and then orange tabby, Quartz. And they are living a great life!



Quartz and Ox in their fur-ever home!



Mio is very content!

Adoption Story

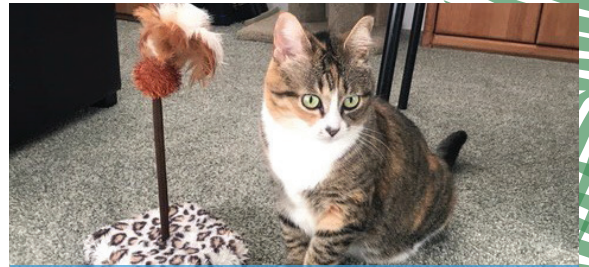
Mio

Mio was recently adopted by Kate who sent us a picture of a very contented Mio. Kate fell in love with Mio's sad eyes!

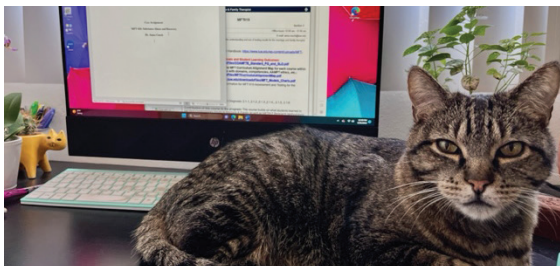
Adoption Story

Edie

Featured on our Facebook page in February, Edie is doing well and her guardian has thanked us for the "honor" of becoming her cat mom!



Edie is a very sweet and happy girl!



Bubs hard at work being the best assistant!

Adoption Story

Bubs

Janie says "Thank you for giving us our baby. We are forever grateful!"

Cat Tales welcomes your photos, letters, and stories. Email your high-resolution photos to catfriends@friendsofcats.org. We reserve the right to edit due to space restrictions.



BEATING THE HEAT

Keeping Your Feline Friend Safe and Cool in the Summer

As the summer sun shines brightly, it's important to ensure that our furry feline friends stay safe and comfortable during the hot months. Cats are susceptible to heat-related illnesses, and need to take proactive measures to protect them.

Here are some essential tips to keep your cat safe and cool during the summer heat:

1. Provide Ample Hydration

Just like humans, cats need to stay hydrated, especially in warmer weather. Ensure that your cat always has access to fresh, cool water. Consider placing multiple water bowls around your home and keep them refilled throughout the day. You can also add ice cubes to the water to help keep it cooler for longer.

2. Create Cool Retreats

Offer your cat shaded areas where they can relax and escape the heat. Set up a cozy space indoors with comfortable bedding near a window, but away from direct sunlight.

3. Keep Indoor Temperatures Comfortable

Maintain a comfortable indoor temperature for your cat. Ensure that your home is adequately cooled during hot days. Even with air conditioning, a small fan blowing on your cat's sleeping area will create a cool spot.

4. Limit Sun Exposure

Cats can easily get sunburned, particularly those with light-colored fur or exposed skin. Keep your blinds closed when possible!

5. Never Leave Your Cat in a Parked Car

Leaving your cat in a parked car, even for a few minutes, can be extremely dangerous. Cars heat up rapidly, and the temperature inside can become life-threatening for your feline companion. Always take your cat with you or leave them at home in a cool, safe environment.

6. Grooming and Fur Care

Regular grooming helps to keep your cat's coat in good condition and aids in temperature regulation. Brush your cat's fur to remove excess hair and prevent matting, which can impede proper airflow. Never shave your cat - a good groomer can help with excessively matted fur.

7. Play and Exercise Wisely

Engage in play and exercise activities with your cat during the cooler parts of the day, such as early morning or evening. Avoid strenuous activities during the hottest times to prevent overheating. Indoor interactive toys and puzzle feeders are excellent alternatives to keep your cat mentally stimulated and physically active without exposing them to excessive heat.

8. Watch for Signs of Heat Stress

Be vigilant for signs of heat stress in your cat, such as excessive panting, lethargy, drooling, rapid breathing, and vomiting. If you notice any of these symptoms, move your cat to a cooler area immediately and contact your veterinarian immediately!

This information is general only. For heat related issues contact your veterinarian.

SUMMER VISITORS

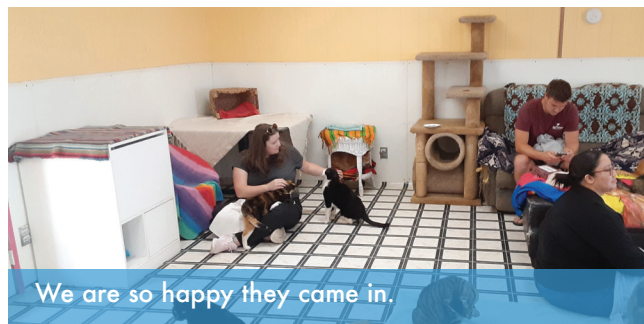
Volunteer Event



One of our frequent visitors to the shelter kindly organized a volunteer event through her office for donations, as well as bringing a group to visit with the cats. The group was given a tour of the facility. Everyone had a great time playing with the kittens, offering some love to those in the hospital room and giving out treats in our Long-Term Care Cottage to many excited kitties! We are sure some of those kitties took some good naps in the afternoon after all the wonderful attention. The visitors were happy to learn about Friends of Cats and plan to come back soon. We do hope to see them again soon and that they tell all their friends!

Article by *Rebekah Gibson*

If you would like to bring in a group of friends, contact the shelter at **619-561-0361** so we can help you plan a visit.



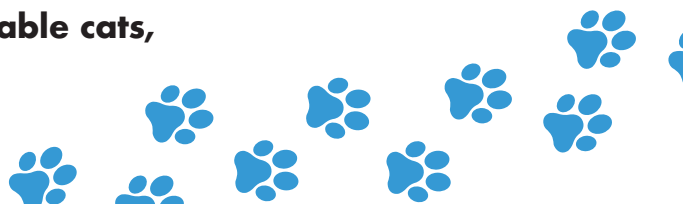
Photos by Mark Perna

Starfox's Incredible Journey to Recovery

Starfox was featured on our Facebook page. In May there appeared to be a simple urinary problem for this 12 year old boy. It quickly turned into an emergency and a \$2900.00 Surgery was required. We asked our Facebook friends to help us with \$1000.00 to help offset the cost. We were overwhelmed when we received the \$1000.00 in less than 24 hours by way of PayPal donations. Starfox is doing well and expected to make a full recovery.



Follow us on Facebook and Tik Tok to see adoptable cats, shelter events, and stories about our cats!



Donations

Ken Allgeier; Cari Arn; Rayna Bailey; John Benson; Patricia Berry; Janet Kelley Bock; Brooke Canaris; Diane Carlos; Ingrid Coffin; Joe Costa; Lily Cowen; Marisue Crystal; Fred Dawn; Barbara Decker; Louise Ewing; Karin Fischer; Marilyn Fulton; Carole Gase; Mr. & Mrs. Gerken; Zoe Goldrich; Janet Griffin; Terry Hale; Jacqueline Hart; Cody Howarth; A. Jenison; Amanda Jenison; Cora Jensen; Mr. & Mrs. L.R. Jensen; Cora & Loren Jensen; Nicole Sours Larson; Mei Lee; Christy Leung; Susan Lindsey; Birgit Luehrsen; Donna Mancuso; Elaine Manning; Parween Maronesy; Robyn Martelli; Margaret Martinovic; Leslie McNabb; Martin Mill; Joshua Milstein; Joshua Milstein; Sandra Morgan; Carly Musser; Sylvia Neal; Rebecca Neary; Barbara Neff; Lois Novolt; Frances Peregoy; Lorraine Peterson; Christopher Pikus; Shelley Presswood; Edward Rose; Melody Ross; Ruth Rudesill; Roberto Ruiz-Benson; Brett Rushing; Brigid & Russell Schnapp; Anna Sorriso; Guy Spivack; Valerie Traina; Reno Valenzuela; Brent Vorreyer; Elizabeth Weber; Malka Winograd; Val Witt; Wendy Wright; Julia Zela

Business Donations

Community Foundation Greater Des Moines; Jennings Charitable Trust; Kendra Scott; Network for Good; PayPal; Rock Canyon Animal Rescue Fund; San Diego Cat Fanciers; Scaramella Enterprises; Shared Vision Charitable Foundation; United Way San Diego

New Members

Sarah Barnes; Mary Bowman; Michele DeYoung; Christina Dumas; Christina Durvis; Carin Elliott; Lupe Gutierrez; Carolyn Kenny; Kathy Klohr; Barbara Larsen; Renee Levine; Denise Maize; Wendy Simon; Gail Stevens; Cameron Yeager

Renewing Members

Rayna Bailey; Molly Ball; George Brown; Doris Coiner; Patricia Cook; Robert Darron; Fred Dawn; Zita Emerson; Carole Gase; Christine Gentel; Jacqueline Glascock; Margaret Helt; George Henderson; Jan Howard; Connie Iverson; Amanda Jenison; Juan Lias; Donna Mancuso; Martin Mill; Marilyn Mittleholtz; Mary Neff; Jennifer Nickles; Gladys Pearson; Livia Peterson; Edward Rose; T. Shaw; Sharon Shufelt; Anna Sorriso; Susan Stearns; Thomas Summer; Jacqueline Talbert; Cheryl Troutwine; Leon VanOrsdale; Kristine & Glenn Vickery; Susan Woolard; Julie Zela

New Lifetime Members

Helene Hoffman; Becky Lafreniere

Special Donations — Surgery For Starfox

Cynthia Allan; Judith Anderson; Robert Clay; Richard Fisher; Robin Johnson; Valarie LaBore; Primal Scenes; Laura Sauer; Kelly Thornbury; Gary Toomer; Margaret Vincent; Dolores Woodford



**Come visit the shelter to be captivated by
the irresistible charm of adorable kittens!**



Donations in Honor of Cats

Zeus & Daphne—Donald Hodges
Joanie—Mark Shirvell
Lady—Renee Levine

Donations in Memory of People

Alisa Stolz—Bruce Bair
Robert Hall—Molly Ann Ball
Serena Hernandez—Pam & Tom Boyer
Beloved Mother, Angie Abbattello—Michele DeYoung
Judith Levine—Theresa Scutellaro
Melissa Nelson—Brenda Underwood

Donations in Memory of Cats

Adonis; Xenophon; Paul Newman; Lucille; Evelyn Ricardo Noir; Cha Cha; Bella; Harley; Max; Cocoa; Stewart; Crackerjack; Maisy; Diablo Kitty; Rita; Tygre; Nala; Marble Danble; Arlo; Sydney; Bug; Tibbs; Mallow; Murphy; Myrrh; Noir; Kamikaze; Dr. Peepers—Cheshire Feline Cat Clinic
Gracie; Kitty; Oliver; Monkey; Sofie; Morticia; Juliette; Ray; Mei; Teiki; Iris; Lilly; Richard Satchel—Kensington Veterinary
Marble Danble—Carol Falzarano
Tiger (Lunp) Damrose—Virginia Lissandrello
Raven "King of Warner Springs"—Leon VanOrsdale
Duke & Derek—Jack & Cammie Wagner
Jonnie Cakes who will be greatly missed—Debra Wright-Wille

Pledges

Rob Abrom; Elaine Barrett; Danielle Bartholomew; Sharyl Beaton; Cecilia Berg; Barbara Blanchard; Donald Book; Arthur Bower; Maria Carbajal; Terry Carpenter; Carol Carpenter; Anthony Cerone; Robert Clay; Heather Coate; James Colbert; Elizabeth Comer; Carol Culkin; Allyson Darroch; Chris Degurse; Renee Differ; Mike Dodge; Hussain Elhaoui; Carin Elliott; Richard & Melinda Fisher; Nancylee Friedlander; Patti Gentes; Sherry Gettmann; Sherry Gilbert; Harriet Goldstein; Teresa Haas; Sue Heim; Helene Hoffman; Christine Hogan; Gina James; John Jontry; Bernard Juleson; Edward & Gayle Kane; Jaycee Karl; Rose Keene; Karen & Alan Kent; Rita Koda; Jeannette Landis; Kendall Laskowski; Katherine Lazzaro; Nathan Lessani; Deborah Lopez; Dave & Sally Loucks; Bob Martin; Peter Maxwell; Michele's Musivation; Mindy Miller; Dana Christine Murphy; Ness Commissions; Laurie Orange; Robin Parks; Laura Pederson; Sonia Podvin; Eileen & Joe Quarles; Patricia Ray; Denise Reesha; McKenzie Reilly; Ruth Rudesill; Marina Ryzhkova; Eleanna Sakoulas; Jill Schaeffer; Danielle Schulte; Trenton Smith; Kathryn Stirlen; Jan Turner; Danene Twyman Brown; Barbara VanHorne; Kristine Vickery; Margaret Vincent; Julie & Jeff Walker; Jacqueline Whaley; Darlene Whorley

In-kind donations are listed on our website: www.friendsofcats.org.

Memberships, donations, and tributes received after June 28, 2023 will appear in the Fall edition of Cat Tales.

Friends of Cats, Inc.

NONPROFIT ORGANIZATION

Corporate I.D. 10773-A
Post Office Box 1613
Lakeside, CA 92040

ADDRESS SERVICE REQUESTED



You can't buy love—but you can adopt it!

Non-Profit
Organization
U.S. Postage
PAID
Permit No. 700
San Diego, CA



For membership or
donation, scan with
your smart phone
or tablet.



A Word About Friends of Cats

FRIENDS OF CATS is a private, non-profit organization dedicated to providing shelter and medical care for homeless cats. Once their health is assured, we find homes for as many of them as we can. The cats in our care are never euthanized except as a matter of compassion if they are terminally ill. We depend primarily on membership fees, donations, and bequests, to continue our work. Inquiries are welcome and we are always eager for new members. If you would like to join us or to make a tax-deductible contribution, please use the coupon at right. When you become a member of Friends of Cats, you will receive each issue of our newsletter, CAT TALES.

Shelter Location

15587 Olde Highway 80 El Cajon, CA
92021 619-561-0361

Hours

Tues-Sun 10am-4pm
Closed Monday

Mailing Address

P.O. Box 1613
Lakeside, CA 92040

Membership Coupon

Name _____

Street Address _____

City _____ State _____ Zip _____

Email address _____

Telephone _____

Membership Status:

- | | |
|--|--|
| <input type="checkbox"/> Youth: \$5 | <input type="checkbox"/> Sustaining: \$50 |
| <input type="checkbox"/> Senior: \$10 | <input type="checkbox"/> Supporting: \$100 |
| <input type="checkbox"/> Regular: \$25 | <input type="checkbox"/> Life: \$1,000 |

Contribution (non-membership): \$ _____

Pledge Club: \$ _____ per month for a minimum of one year.

Mail to: Friends of Cats, P.O. Box 1613, Lakeside, CA 92040

Membership does not guarantee acceptance of a cat by our shelter. Please call for details: 619-561-0361