

CAT TALES



Friends of Cats, Inc. | San Diego County, CA

Fall 2024

Meet Some of Our Long-Term Adoptable Residents

Parsnip

Date of Birth: 3/20/2018

Date of Entry: 3/20/2020

Days at FoC: 1635

Parsnip is one of our longest-standing residents at Friends of Cats, patiently waiting for her forever home. Though she's incredibly shy, she has a gentle spirit and just needs time and patience to truly feel safe. Parsnip would do best in a calm, quiet household where she can relax and slowly come out of her shell. Once she does, you'll see just how sweet she really is—she loves giving head butts and will always be seeking affection. She also gets along wonderfully with other cats and would thrive with a feline friend. If you're looking for a peaceful, loving companion, Parsnip is the perfect match.



Elbe

Date of Birth: 2/27/2020

Date of Entry: 2/27/2021

Days at FoC: 1291

Elbe is a sweet yet independent cat who enjoys her quiet time. This delightful girl has a soft spot for anyone with a fresh bag of treats and likes being around people, though she prefers to be the only cat in the household. When other felines are nearby, she can become upset and may growl. Elbe can be a bit temperamental at times, so she would do best with someone who understands cat behavior and respects her boundaries. If you're seeking a loving, chubby companion, Elbe would be thrilled to meet you!



Meet More of Our Long-Term Adoptable Residents

Scarlet

Date of Birth: 10/24/2020

Date of Entry: 3/13/2022

Days at FoC: 921

Scarlet is a feisty and unique feline looking for a cozy home to call her own. While she's incredibly sweet, she's also a bit on the lazy side, loving nothing more than lounging around. She's friendly with strangers but isn't the best fit for households with young children. Scarlet has a playful streak and may give love bites when she gets overstimulated, which doesn't mix well with the energy of little kids. We believe she'd thrive as the only cat in the home since she isn't too fond of other cats. If you're looking for a laid-back girl who occasionally shows her affection with a love bite, Scarlet would be delighted to join your family!



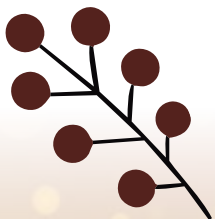
Lock

Date of Birth: 8/24/12

Date of Entry: 1/10/2020

Days at FoC: 1705

Lock is one of our senior residents at Friends of Cats, but don't let her twelve years fool you—she's still full of life! This spry girl enjoys lounging on a cat tree or basking in the sunshine outside. Lock has always loved the company of other cats and would thrive in a home with a feline friend to keep her from feeling lonely. She's a kind-hearted soul who just needs a bit of patience for her sweet nature to fully shine through. If you're looking for a gentle, loyal companion, Lock could be the perfect senior cat to be your new best friend!



Shelter Stories

Gizmo



Gizmo joined Friends of Cats after her previous owner had to move abroad and couldn't take her along. From the moment she arrived, Gizmo was confident and charming, quickly catching the eye of Juliette, a former staff member who was visiting. Juliette was captivated by Gizmo's expressive eyes and gentle, curious nature, and took her home a week later. In her new home, Gizmo has been thriving, enjoying cozy snuggles, exploring her surroundings, and keeping a watchful eye on the resident guinea pigs. We're thrilled that Gizmo has found her perfect new home!



Mama Mimosa

Mimosa's journey with us has been quite eventful. She came to us as a young mother, having had a litter of five kittens at just seven months old. Shortly after, she developed an intussusception, a serious condition that was fortunately caught early by our diligent medical staff and treated by our vets at Steele Canyon Clinic. Despite the successful treatment, Mimosa was left with short-gut syndrome, requiring ongoing medication and a special diet. We anticipated she would remain with us long-term for care. However, in August, Dr. Sabrina—a veterinarian and friend of Emma—adopted Mimosa. With her expertise and a special diet for her own cat, Dr. Sabrina was ideally suited to provide Mimosa with the care she needs. Mimosa is now happily settling into her new home, making biscuits, and getting to know her new brother. Thanks to Dr. Sabrina, Mimosa is set for a happy and healthy future!



✧ ✧ Makayla and Blake Beyer

In 2022, Michele and Chris came to adopt Myrtle and Pickle, two of our FeLV+ cats. They were committed to giving a loving home to cats who might otherwise be overlooked due to their condition. Though FeLV often shortens a cat's lifespan, Michele and Chris provided Myrtle and Pickle with a wonderful home. When Myrtle passed, they adopted another FeLV+ cat from the annex to keep Pickle company. Pickle lived to the age of 15 with the addition of Makayla to the household. After a period of mourning, Michele and Chris returned to adopt Blake as well. Though Makayla mostly ignores Blake, both cats are thriving in their loving home. We are incredibly grateful to Michele and Chris for their dedication to our FeLV friends and for giving them such loving lives.



Fun Animal Facts

How Old is My Pet?

Correctly Calculate Your Cat or Dog's Age! - By Gayle Hickman

Most people think that calculating the age of cats and dogs in "human years" is quite simple: multiply their age by seven. For example, a 4-year-old cat or dog would actually be 28 years old in human years.

But when you really begin weighing out the arithmetic, this method doesn't add up. Say a 1-year-old dog is the equivalent of a 7-year-old human -- get out of here! How many 7-year-old humans are sexually active and capable of reproducing? Dogs and cats are much more likely to have babies at 1 year old or even at 10 years old, than any person who is 7 or 70.

CATS

Now let's take a glimpse at a simple formula for calculating feline age in human years.

Assume that a 1-year-old cat is equal to a 15-year-old human and a 2-year-old cat is equal to a 24-year-old human. Then add four years for every year after that. (Example: A 4-year-old cat would be 32 in human years.)

The following chart shows this formula of calculation:

Your Cat's Age	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Age in "human years"	0	15	24	28	32	36	40	44	48	52	56	60	64	68	72	76	80	84	88	92	96

DOGS



Aging is much faster during a dog's first two years but varies among breeds. Large breeds, while they mature quicker, tend to live shorter lives. By the time they reach 5 they are considered "senior" dogs. Medium-sized breeds take around seven years to reach the senior stage, while small and toy breeds do not become seniors until around 10.

Many veterinarians agree that a pretty good guess on the age of pets can be made using the following formula. Although still simple, it is much more accurate than the seven-year method.

Assume that a 1-year-old dog is equal to a 12-year-old human and a 2-year-old dog is equal to a 24-year old human. Then add four years for every year after that. (Example: A 4-year-old dog would be 32 in human years.)

Since this method takes into consideration the maturity rate at the beginning of a dog's life and also the slowing of the aging process in his later years, Martha Smith, director of veterinary services at Boston's Animal Rescue League, feels that this is the more accurate calculation formula. Here is a chart, for easy reference:

Your Dog's Age	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Age in "human years"	0	12	24	28	32	36	40	44	48	52	56	60	64	68	72	76	80	84	88

A dog's average lifespan is around 12 or 13 years, but again, this varies widely by breed. The larger your dog is, the less time it will live. Female dogs tend to live a little longer.





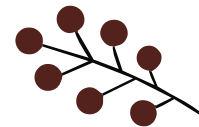
10 Amazing Facts About Cats!* - By Nicole Abrego

Cats have been entrancing humans for thousands of years. From the tufts of their ears to the swish of their tails, it's hard for us humans to ignore the mystery and beauty of cats. And if you're looking for some amazing cat facts to share with your fellow cat-loving friends, we have you covered. Here are 20 Facts About Cats that you might not have known.

1. House cats share 95.6% of their genetic makeup with tigers. You read that right, TIGERS. They also share some of the same behavior habits such as scent and urine marking, prey stalking and pouncing.
2. Cats can jump 5 times their own height. Now that's impressive!
3. A housecat can run to the speed of about 30 mph over short distances. This means that a cat can outrun superstar runner Usain Bolt in a 200 meter dash!
4. Cats can have a dominant front paw. Studies have shown that male cats tend to favor their left paw while female cats may have a dominant right paw.
5. Cats have a whopping 32 muscles in each of their ears, allowing them to swivel their ears to hone in on the exact source of a noise. Additionally, cats can rotate their ears to 180 degrees
6. Cats are nearsighted, but their peripheral vision and night vision are far superior compared to humans.
7. The whiskers on a cat aren't just cute, they serve a very important function in assisting cats with getting around, especially at night. Whiskers are embedded deep in the cat's body and are connected to the cat's sensitive muscular and nervous systems, acting as touch receptors (or a "kitty radar"). Whiskers allow a cat to detect and respond to changes in their surroundings.
8. Additionally, not only do cats have whiskers on their face, they also have a set of whiskers on the back of their front legs.
9. The oldest known pet cat existed around 9,500 years ago. In 2004, a French archeologist found a grave of a cat in Cyprus dating back to 9,500 years ago, meaning that humans have owned cats as pets since then!
10. In Ancient Egypt, members of a family would shave their eyebrows in mourning if their cat died. Cats were also sometimes mummified and placed in tombs with their owners.

* article has been edited to fit in the space allotted.

Upcoming Events of 2024



10/19 – Howl-O-Ween Hounds - La Mesa Grossmont Center - Hosted by our friends at the San Diego Animal Support Foundation

11/2 - Ramona Art & Wine Festival - We are thrilled to have this fantastic opportunity to fundraise for the shelter! Join us as we sell unique handmade art donated by our board members and Friends of Cats supporters. Come and be part of this exciting art and wine community event while supporting Friends of Cats.

11/3 – Doggie Street Festival - Join us for this fun event at NTC Park, Liberty Station! There will be music, yummy eats and a kids art area.

12/7 - Whisker Wonderland - Join us for one of our most enjoyable fundraising events at the shelter! Come indulge in delicious treats and show your support with donations to help the shelter.

12/14 – Santa Paws Adoption Event - La Mesa Grossmont Center - Hosted by our friends at the San Diego Animal Support Foundation

1/25–1/26 – CFA Cat Show hosted by San Diego Cat Fanciers - We are looking forward to seeing all the cat lovers and amazing cats! We will also be bringing back our handmade crochet and painted rocks to fundraise for the shelter!

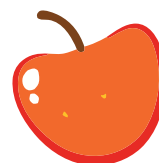
Follow us on Social Media to get notifications and updates on our future events!



Catnip Mice - Reminder: Price Update for Catnip Mice at Friends of Cats

27 years ago a dedicated Friends of Cats board member began crafting handmade catnip mice to entertain our shelter cats. These charming toys have been enjoyed by countless cats over the years and were sold to the public for just \$1.25 each or five for \$5.00. After all these years, we have increased our prices and they are now able to be purchased for \$1.75 each or three for \$5.00.

We want to thank our supporters for purchasing these toys, which not only delight your own furry friends but also help enrich the lives of our shelter cats. Your continued support is deeply appreciated!



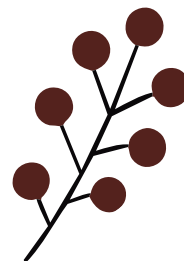
Donations

Dr. Alfred Aberle, Ron Anderson, Shaun Apffel, Patricia Bannister, Nick Beck, Wesley Bernerg, Patricia Berry, Janet Bock, Hanna Bohnsack, Marie & Douglas Boileau, Alexandre Bouchu, Pam Thomas & Tom Boyer, Mike & Jan Brown, Cinda Caine, California Fish Grill, John & Peggy Cathcart, Donna Charlesworth, Suzanne Christy-Goldberg, V. Paul Clay, Darlene Cooper, Cosmic Frogs Vinyl, Lily & Steven Cowen, Treesi Coyle, Ryan Degurse-Morales, Michael Dell, Ron Edwards, Anne Fares, Anne Fares, Susan Finger, Jonathan M. Freeman, Marilyn Fulton, Marcy Gerardi, Gary & Petrona Gerken, Becky Graul, Alice Gruber, Jacqueline Hart, Tine Hayden, Cindi Hill, Lori Hrinewski, Allyson Imai, Paula Ingram, Amanda Jenison, Emme & Reggie Jennings, Rita-Maria Kafalas-May, Edward & Gayle Kane, Jaycee Karl, KitNipBox, Sandra Klipfel, Katherine Kloth, Mai Lai Lee, Allison Lortz, Karen Lowrimore, Birgit Luehrsen, Diana Lusk, Siria Macias, Elaine Manning, Nancy Mariani-Anderson, Parween Maronesy, Mollie Martinek, Margaret Martinovic, Jennifer Massa-Stalmer, Joan McCormick, April Merritt, Joan & Melvin Miljour, J. Miller, Christopher Miller, Lisa Miller, Jessica Mims, Sandra Morgan, Nancy Murnahan, Meta Neuschuler, Diane Nordstrom, Gerry Nordstrom, Frances Peregoy, Donald Petersen, Christopher Pikus, Jane Potter, Maxine Quinn, Christie Ranney, Dale Reynolds, Don Ridgway, Helen Robinson, Edward Rose, Brigid & Russell Schnapp, Stacy Sieger, Nicole Smith, Allyson Smithson, Samantha St. John, Gail Stevens, Albert Swalla, The Kroger Co., Denise Towns, Sandra Vary, Brent Vorreyer, Julie & Jeff Walker, Cheryl Ward, Zelda Webb, Leeann & John Wootton, Debra Wright-Wille, Steve Yerkes, Sue Young, Harriett Zale

New Members



Denise Bienias, Diane Carlos, Mark Perna, Sarah Shawbell, Barbara Steele



Renewing Members

Shaun Apffel, Rayna Bailey, Michael Bronson, Nancy Burgeson, Bonnie Burgum, Lisa Capper, Suzanne Christy-Goldberg, Joan Cohen, Darlene Cooper, Eleanor Darron, Nona Davis-McGowan, Ed & Barbara Devine, Helen Dowdy, Barbara Drews, Deva Edelman, Eugenie Geb, Lori Hrinewski, Jeff Jaeger, Richard & Olivia James, Amanda Jennison, Robin Johnson, Marjorie Johnson, William King, Irene Maule, Sandra Morgan, Gladys Pearson, Cathie Robbins, Edward Rose, Ron & Karen Santschi, John Smith, Trenton Smith, Jacquelyn Talbert, Brent Vorreyer, Beverly Walker, Donna & Robert Wooten, Sue Young, Julie Zelu





Pledges

Rob Abrom, Kristen Barnhill, Elaine Barrett, Danielle Bartholomew, Sharyl Beaton, Cecilia Berg, Barbara Blanchard, Terry Carpenter, Anthony Cerone, Robert Clay, Heather Coate, James Colbert, Elizabeth Comer, Carol Culkin, Allyson Darroch, April Decker, Renee Differ, Mike Dodge, Hussain Elhaoui, Carin Elliott, Richard & Melinda Fisher, Catherine Frazier, Nancylee Friedlander, Patti Gentes, Sherry Gettmann, Sherry Gilbert, Harriet Goldstein, Teresa Haas, Sue Heim, Helene Hoffman, Christine Hogan, Gina James, John Jontry, Bernard Juleson, Edward & Gayle Kane, Jaycee Karl, Rose Keene, Karen & Alan Kent, Rita Koda, Jeannette Landis, Katherine Lazzaro, Nathan Lessani, David Lloyd, Dave & Sally Loucks, Bob Martin, Peter Maxwell, Michele's Musivation, Mindy Miller, Dana Christine Murphy, Ness Commissions, Laurie Orange, Robin Parks, Laura Pederson, Sonia Podvin, Joe Quarles, Patricia Ray, Denise Reesha, Melody Ross, Ruth Rudesill, Marina Ryzhkova, Eleanna Sakoulas, Jill Schaeffer, Danielle Schulte, Virginia Schultz, Teresa Steele, Kathryn Stirlen, Danene Twyman Brown, Barbara VanHorne, Kristine Vickery, Julie & Jeff Walker, Jacqueline Whaley, Darlene Whorley, Robert Wiggins, Wendy Wright



Donations in Honor of Cats

Alexander, Sunti, & Sunan—*Garriane Bradt*, Tara Biscuits—*Vlad & Ryan Degurse-Morales*, Zoey—*Louise Ewing*, Scout the Cat's 10th Birthday—*Amanda Jenison*, Rocky—*Barbara Manion*, Mama Kitty—*Gerry Nordstrom*, Skye & Danny—*Jean Pehrsson*, Bubba & Mac—*Lorna Samuel*, Boo, the most accepting and loving friend ever—*Gail Stevens*, Mila Sassy—*Barbara Stringer*, BobCat, Paint, & Raven—*Barbara & Leon VanOrsdale*

Donations in Memory of Cats

Olive Copeland Dog—*Janet Bock*, Xenophan, Artemis, & Simoniles—*Nancy Burgeson*, Scout, Buddy, Jackie, Cookie & Sox—*Thomas & Carolyn Burns*, Tom, Benny, Smokey, Mariposa, Bella, Velvet, Sophie, Cleo, Rosie, Fischer, Bella, Zeeva, Gertie, Kitty, Marley—*Kensington Veterinary*, Little Girl—*Kathy Lushchuk*, Rocky—*Barbara Manion*, Tigger & Bobby—*Carol & Don Plath*, Jasper-Carmen Elster—*Jane Potter*, Snoopy—*Leslie Sandoval*, Duke & Derek—*Jack & Cammie Wagner*, Sweet Nigel—*Matt & Melissa Williams*

Donations in Honor of the Following People

Josh & Edward Gill—*Lyla Kimballm*, Richard Sheridan Walker—*Homer Lusk*, Dr. Caroline Seitz—*Heather Naegele*, Parween's Birthday—*Kim Van Nguyen*, Mother—*Gerry Nordstrom*, Dylan Cease's first no hitter w/Padres—*Shawn Powell*, Emma Jones—*Cathy Price*, Blythe Beisigl—*Marshall & Shirley Voss*

Donations in Memory of the Following People

Alisa Stolz & her 4 cats—*Bruce Bair*, Peggy Hedges—*Kristen Bronk*, John Lamberti, a wonderful cat person—*Jane Damrose*, John Manuel Larroulat—*Marie Ditucci*, Vickie Molzen—*Stacy Holloman*, Beverly Kukulya—*Buel Kinne*, Peggy Chism—*David Mittleman*, Wendy Pumphrey, a fellow cat lover—*Susan St. James*



Memberships, donations, and tributes received after 9/01/2024 will appear in Winter Cat Tales.
Cat Tales is edited by Becki Gibson

Friends of Cats, Inc.

NONPROFIT ORGANIZATION

Corporate I.D. 10773-A
Post Office Box 1613
Lakeside, CA 92040

ADDRESS SERVICE REQUESTED

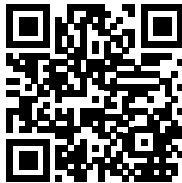


Non-Profit
Organization
U.S. Postage
PAID
Permit No. 700
San Diego, CA

You can't buy love—but you can adopt it!



For membership or
donation, scan with
your smart phone or
tablet.



A Word About Friends of Cats

FRIENDS OF CATS is a private, non-profit organization dedicated to providing shelter and medical care for homeless cats. Once their health is assured, we find homes for as many of them as we can. The cats in our care are never euthanized except as a matter of compassion if they are terminally ill. We depend primarily on membership fees, donations, and bequests, to continue our work. Inquiries are welcome and we are always eager for new members. If you would like to join us or to make a tax-deductible contribution, please use the coupon at right. When you become a member of Friends of Cats, you will receive each issue of our newsletter, CAT TALES.

Shelter Location

15587 Olde Highway 80 El Cajon, CA
92021 619-561-0361

Hours

Tues-Sun 10am-4pm
Closed Monday

Mailing Address

P.O. Box 1613
Lakeside, CA 92040

Membership Coupon

Name _____

Street Address _____

City _____ State _____ Zip _____

Email address _____

Telephone _____

Membership Status:

- | | |
|--|--|
| <input type="checkbox"/> Youth: \$5 | <input type="checkbox"/> Sustaining: \$50 |
| <input type="checkbox"/> Senior: \$10 | <input type="checkbox"/> Supporting: \$100 |
| <input type="checkbox"/> Regular: \$25 | <input type="checkbox"/> Life: \$1,000 |

Contribution (non-membership): \$ _____

Pledge Club: \$ _____ per month for a minimum of one year.

Mail to: Friends of Cats, P.O. Box 1613, Lakeside, CA 92040

Membership does not guarantee acceptance of a cat by our shelter. Please call for details: 619-561-0361